



Raising Awareness on The Impacts of Caesarean Section Birth Method on Children's Health: Nationwide Survey to Indonesian Married Woman

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List of pretest and posttest survey in Bahasa Indonesia.

No. 1	Apakah Mom tahu perbedaan anak lahir caesar dengan anak lahir normal?	
	Anak lahir caesar tidak dapat bakteri baik dari jalur lahir ibu, sehingga mengalami ketidakseimbangan bakteri baik	Benar
	Tidak ada bedanya	Salah
No. 2	Apakah Mom tahu mengapa saluran cerna penting untuk kesehatan anak?	
	Sebab saluran cerna yang sehat kunci daya tahan tubuh yang kuat	Benar
	Tidak ada kaitannya	Salah
No. 3	Apa itu disbiosis usus pada anak lahir caesar?	
	Ketidakeimbangan bakteri baik di usus anak (banyak bakteri jahat, sedikit bakteri baik)	Benar
	Ketidakeimbangan bakteri baik di usus anak (banyak bakteri baik, sedikit bakteri jahat)	Salah
No. 4	Apakah Mom tahu kenapa sinbiotik pada ASI sangat baik untuk anak caesar?	
	Karena Sinbiotik di dalam ASI ada sinbiotik yang berguna mengembalikan keseimbangan bakteri baik di saluran cerna anak.	Benar
	Karena di dalam ASI ada karbohidrat, lemak, protein.	Salah
No. 5	Apakah Mom tahu apa itu sinbiotik?	
	Kombinasi bakteri baik (probiotik) dan makanan bakteri baik (prebiotik)	Benar
	Kombinasi lemak & protein	Salah

List of pretest and posttest survey in English.

	Do you know the difference between a child born by Caesarean section and a child born normally?	
No. 1	Children born by caesarean cannot get good bacteria from the mother's birth canal, so they experience an imbalance of good bacteria	Correct
	No difference	False
	Do you know why the digestive tract is important for children's health?	
No. 2	Because a healthy digestive tract is the key to a strong immune system	Correct
	No correlation	False
	What is intestinal dysbiosis in a child born by cesarean section?	
No. 3	Imbalance of good bacteria in a child's gut (lots of bad bacteria, few good bacteria)	Correct
	Imbalance of good bacteria in a child's gut (lots of good bacteria, few bad bacteria)	False
	Do you know why synbiotic in breast milk is very good for caesarean children?	
No. 4	Because there are synbiotic in breast milk that are useful for restoring the balance of good bacteria in the child's digestive tract.	Correct
	Because in breast milk there are carbohydrates, fats, proteins.	False
	Do you know what synbiotic is?	
No. 5	A combination of good bacteria (probiotics) and its food (prebiotics)	Correct
	Combination of fat & protein	False